

First Aid at Work (18 Hours/ 3 Days)

RQF Level 3 Award England, Northern Ireland & Wales - Internationally Recognised

Qualification title: FAA Level 3 Award in First Aid at Work – Code 600/7380/9

Unit 1 Title: Emergency First Aid in the Workplace – Unit Code A/504/4517

Unit 2 Title: Recognition and Management of Illness and Injury in the Workplace – Unit Code F/504/4518

DESCRIPTION

It is a requirement of the Health & Safety law that employers should provide a safe and healthy environment for their employees. If the assessment of First Aid needs highlights the need for qualified First Aider's, then this Level 3 qualification (Level 6 in Scotland) will provide you with suitable, highly trained personnel.

This comprehensive three-day course covers a wide range of First Aid emergencies, enabling all participants to deal with an emergency situation with confidence in a prompt, safe and effective way. Additionally, this course will include any protocol changes that may have arisen since their last training course. This course will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health & Safety (First Aid) Regulations 1981.

DURATION

A minimum of 18 hours spread over three days, each day consists of theoretical and practical work.

ASSESSMENT AND MARKING

Practical assessment is ongoing. Our Trainer will only award a pass if they believe the delegates have displayed the requisite understanding and competencies at the end of each session throughout the course, and successfully completed the question paper on each day.

CERTIFICATION

A three-year Level 3 Award in First Aid at Work will be issued to the learner, subject to successful assessment. No external assessors are required. The two-day Refresher course is due in three years time.

NUMBERS

A maximum of 12 students can be accommodated; all learners must be a minimum of 16 years of age.

INCLUDED IN COST

Delivery onsite, manuals, certification and postage.

***Our Awarding Body is First Aid Awards Ltd.**

SYLLABUS

A range of subjects are covered including:

- Legalities, Responsibilities & Reporting
- Dealing with an Unresponsive Casualty
- Assessment of the Situation
- Control of Bleeding
- Poisoning
- Burns
- Epilepsy
- Resuscitation
- Bandaging
- Heart Attacks
- Head Injuries
- Chest Injuries
- Asthma
- Stroke
- Fractures & Spinal Injuries
- Shock (including Anaphylaxis)
- Choking
- Eye Injuries
- Diabetes
- Sprains & Strains

LEARNING OUTCOMES – UNIT 1

Learning Outcome	Assessment Criteria
1. Understand the role and responsibilities of an Emergency First Aider	1.1 Identify the role and responsibilities of an emergency First Aider 1.2 Describe how to minimise the risk of infection to self and others 1.3 Identify the need for establishing consent to provide first aid 1.4 Complete an accident report form 1.5 Identify the first aid equipment that should be available in a workplace 1.6 Describe the safe use of first aid equipment
2. Be able to assess an incident	2.1 Conduct a scene survey 2.2 Conduct a primary survey of a casualty 2.3 Give examples of when to call for help
3. Be able to manage an unresponsive casualty who is breathing normally	3.1 Assess a casualty's level of consciousness 3.2 Open a casualty's airway and check breathing 3.3 Explain why it is important to place an unconscious casualty into the recovery position 3.4 Place an unresponsive casualty into the recovery position 3.5 Manage a casualty who is in seizure
4. Be able to manage an unresponsive casualty who is not breathing normally	4.1 Recognise the need to commence Cardio Pulmonary Resuscitation 4.2 Demonstrate Cardio Pulmonary Resuscitation using a manikin
5. Be able to recognise and assist a casualty who is choking	5.1 Describe how to identify a casualty with a <ul style="list-style-type: none"> • Partially blocked airway • Completely blocked airway 5.2 Administer first aid to a casualty who is choking
6. Be able to manage a casualty with external bleeding	6.1 Identify types of external bleeding 6.2 Control external bleeding
7. Be able to manage a casualty who is in shock	7.1 Recognise shock 7.2 Administer first aid to a casualty who is in shock
8. Be able to manage a casualty with a minor injury	8.1 Administer first aid to a casualty with small cuts, grazes and bruises 8.2 Administer first aid to a casualty with minor burns and scalds 8.3 Administer first aid to a casualty with small splinters

LEARNING OUTCOMES – UNIT 2

Learning Outcome	Assessment Criteria
1. Be able to conduct a secondary survey	1.1 Identify the information to be collected when gathering a casualty history 1.2 Conduct a head to toe survey
2. Be able to administer first aid to a casualty with injuries to bones, muscles and joints	2.1 Recognise suspected: <ul style="list-style-type: none"> • Fractures • Dislocations • Sprains and strains 2.2 Administer first aid for: <ul style="list-style-type: none"> • Fractures • Dislocations • Sprains and strains
3. Be able to administer First Aid to a casualty with suspected head and spinal injuries	3.1 Recognise suspected: <ul style="list-style-type: none"> • Concussion • Skull fracture • Cerebral compression • Spinal injury 3.2 Administer first aid for suspected: <ul style="list-style-type: none"> • Concussion • Skull fracture • Cerebral compression • Spinal injury
4. Be able to administer First Aid to a casualty with suspected chest injuries	4.1 Recognise the different types of chest injury 4.2 Administer first aid for a chest injury
5. Be able to administer First Aid to a casualty with burns and scalds	5.1 Recognise the factors that affect the severity of burns and scalds 5.2 Administer first aid for burns involving <ul style="list-style-type: none"> • Dry heat • Wet heat • Electricity • Chemicals
6. Be able to administer First Aid to a casualty with an eye injury	6.1 Give examples of common eye injuries 6.2 Administer first aid for eye injuries involving <ul style="list-style-type: none"> • Dust • Chemicals • Embedded objects
7. Be able to administer First Aid to a casualty with sudden poisoning	7.1 Identify the routes that poisons can take to enter the body 7.2 Administer immediate first aid to a casualty affected by sudden poisoning 7.3 Identify sources of information for treating those affected by sudden poisoning